

## Grief is a universal experience.

Churches in the Bloomington-Richfield area are working together to provide support and education for adults who are grieving the death of a loved one.



**Group meetings are held on  
Thursdays, 4:30 p.m. - 6 p.m.**

### Each session includes:

4:30-5 p.m. – Educational presentation  
5-6 p.m. – Small groups will be formed to share concerns and experiences

### Education

Understanding the grief process and the many emotions involved in working through one's grief makes the journey less frightening. Guest speakers share their own experience and professional knowledge on grief and loss.

### Support

Small groups will follow a speaker or video each week. In these groups, participants will have the opportunity to share their feelings and concerns with others who are also working through the grief process. Trained facilitators lead the groups.



*This is a group that nobody wants to join  
but are grateful to find.  
I can't say enough about their help  
through a very tough time in life & their support.*

—Anonymous



## 2026 Schedule

**Thursdays, 4:30 p.m. - 6 p.m.**

**Educational Presentation: 4:30 p.m. - 5 p.m.**

**Small groups: 5 p.m. - 6 p.m.**

### Winter 2026

**January 8 - February 26**

St. Richard Catholic Church  
7540 Penn Avenue South  
Richfield, MN 55423  
[sheila@assumptionrichfield.org](mailto:sheila@assumptionrichfield.org)

### Spring 2026

**April 9 - May 28**

Peace Lutheran Church  
8600 East Bush Lake Road  
Bloomington, MN 55438  
[Lori.thomson@peacebloomington.org](mailto:Lori.thomson@peacebloomington.org)

### Summer 2026

**July 9 - August 27**

Oak Grove Presbyterian Church  
2200 West Old Shakopee Road  
Bloomington, MN 55431  
[ogpc@oakgrv.org](mailto:ogpc@oakgrv.org)

### Fall 2026

**September 24 - November 12**

Christ the King Lutheran Church  
8600 Freemont Avenue South  
Bloomington, MN 55420  
[jbishop@ctk.org](mailto:jbishop@ctk.org)



## The Grieving Process

Coping with a death often results in stressful changes. Attempts to deny the pain and confusion of grief can lead to despair and loneliness. *Gaining an understanding of the grief process in a caring and supportive atmosphere increases coping skills and leads to personal growth.*

That is where Bloomington-Richfield Grief Support Coalition can help.



## How Do I Join?

Individuals may join the group at any time. There is no fee and no R.S.V.P. needed. Donations are welcomed.

## Coalition Member Churches

### Bloomington

Christ the King Lutheran  
Church of St. Edward  
Nativity of Mary Catholic  
Normandale Hylands United Methodist  
Oak Grove Presbyterian  
Peace Lutheran  
St. Bonaventure Catholic  
St. Luke's Lutheran  
St. Mark's United Church of Christ  
Transfiguration Lutheran

### Richfield

Catholic Church of St. Peter  
Church of the Assumption Catholic  
House of Prayer Lutheran  
Oak Grove Lutheran  
St. Richard Catholic  
Woodlake Lutheran



## Bloomington-Richfield Grief Coalition Board of Directors

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# Grieving Death and Growing

## 2026



## Bloomington-Richfield Grief Support Coalition

brgriefcoalition.com