

How Do I Join?

Individuals may join the group at any time.
There is no fee.

The following churches are members of the
Bloomington-Richfield Grief Coalition:

Bloomington:

Christ The King Lutheran
Nativity of Mary Catholic
Normandale Hylands United Methodist
Oak Grove Presbyterian
Peace Lutheran
St Bonaventure Catholic
St Edward's Catholic
St Luke's Lutheran
St Marks United Church of Christ
St Stephen Lutheran
Transfiguration Lutheran

Richfield:

Church of the Assumption
House of Prayer Lutheran
Oak Grove Lutheran
St Nicholas Episcopal
St Peter's Catholic
St Richard's Catholic
Woodlake Lutheran

Coping with a death can result in stressful changes. Attempts to deny the pain and confusion of grief promote despair and loneliness. Gaining an understanding of the grief process in a caring and supportive atmosphere increases coping skills and leads to personal growth.

Bloomington-Richfield Grief Coalition Board

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Grieving Death and Growing 2024



**Bloomington—Richfield
Grief Support
Coalition**

brgriefcoalition.com

Grief is a universal experience.

Churches in the Bloomington-Richfield area are working together to provide support and education for adults who are grieving the death of a loved one.



Group meetings are held on
Thursdays, 4:30-6:00 p.m.

Each session includes:

4:30-5 p.m. – Educational presentation
5-6 p.m. – Small groups will be formed to share concerns and experiences

Education

Understanding the grief process and the many emotions involved in working through one's grief makes the journey less frightening. Guest speakers share their own experience and professional knowledge on grief and loss.

Support

Small groups will follow a speaker or video each week. In these groups participants will have the opportunity to share their feelings and concerns with others who are also working through the grief process.

Specially trained facilitators
lead the groups.



"I am grateful, from the bottom of my heart, that I have shared the life of my loved one. And I trust that someday my happiness, as I remember our life together, will far outweigh the grief I feel now."

—Martha Whitmore Hickman



2024 Schedule

Thursdays

4:30-6:00 p.m.

Education 4:30-5:00 p.m.

Small groups 5:00-6:00 p.m.

Winter 2024

January 4 through February 22

St Luke's Lutheran Church
1701 W Old Shakopee Rd
Bloomington, MN 55431
office@stlukesbloomington.org

Spring 2024

March 28 through May 16

Oak Grove Lutheran Church
7045 Lyndale Ave S
Richfield, MN 55423
lidia@oakgrovelutheran.org

Summer 2024

July 4 through August 22

House of Prayer Lutheran Church
7625 Chicago Ave S
Richfield, MN 55423
cwright@hoplc.org

Fall 2024

September 19 through November 7

Normandale Hylands UMC
9920 Normandale Blvd S
Bloomington, MN 55437
office@nhumc.net