## **SPRING 2024 SERIES**

**Bloomington-Richfield Grief Support Coalition** 

Thursday, March 28 – May 16, 2024 4:30 – 6:00 p.m.

## Oak Grove Lutheran Church

7045 Lyndale Avenue South Richfield, Mn. 55423 (612)869-4917

No meeting (Maundy Thursday)

April 4
"Growing Through Grief and Multiple Loss"
Julie Ditzler

April 11 "How Families Grieve" Mary Anne Kelly-Wright

April 18
"Sibling Loss"
Rev. Catherine Duncan

April 25
"Mindfulness as a Tool for Working
Through Grief"
Jean Fagerstrom

May 2
"Writing Through Grief"
Elizabeth Johnson

May 9
"Myths of Grief"
Norine Larson

May 16
"Navigating Life After Loss"
Erin Hente

SPRING 2024 SERIES
Bloomington-Richfield Grief Support Coalition
Thursday, March 28 – May 16, 2024
4:30 – 6:00 p.m.

Oak Grove Lutheran Church 7045 Lyndale Avenue South Richfield, Mn. 55423 (612)869-4917

No meeting (Maundy Thursday)

April 4
"Growing Through Grief and Multiple Loss"
Julie Ditzler

April 11
"How Families Grieve"
Mary Anne Kelly-Wright

April 18
"Sibling Loss"
Rev. Catherine Duncan

April 25
"Mindfulness as a Tool for Working
Through Grief"
Jean Fagerstrom

May 2
"Writing Through Grief"
Elizabeth Johnson

May 9
"Myths of Grief"
Norine Larson

May 16
"Navigating Life After Loss"
Erin Hente

SPRING 2024 SERIES
Bloomington-Richfield Grief Support Coalition
Thursday, March 28 – May 16, 2024
4:30 – 6:00 p.m.

Oak Grove Lutheran Church 7045 Lyndale Avenue South Richfield, Mn. 55423 (612)869-4917

No meeting (Maundy Thursday)

April 4
"Growing Through Grief and Multiple Loss"
Julie Ditzler

April 11
"How Families Grieve"
Mary Anne Kelly-Wright

April 18
"Sibling Loss"
Rev. Catherine Duncan

April 25
"Mindfulness as a Tool for Working
Through Grief"
Jean Fagerstrom

May 2
"Writing Through Grief"
Elizabeth Johnson

May 9
"Myths of Grief"
Norine Larson

May 16
"Navigating Life After Loss"
Erin Hente